

2024 Conference:

Effectively Dealing With Challenging Behaviors

Day 1 • Monday, June 24

Morning Sessions: 9:00 AM – 12:10 PM (Central Time)

8:45 – 9:00 AM • REGISTRATION

Participants, please check in each day of your conference to verify attendance.

To check in for Day 2, use the link to the first session you plan to attend.

Click [HERE](#) to access your conference Resource Handbook. Your password: **seminars** (case sensitive)

SESSION	PRESENTER & ZOOM LINK
9:00 – 9:30 AM • Keynote Presentation	
A-0: “Defusing Disruptive, Defiant, Manipulative, Aggressive, and Difficult Behaviors” How can we avoid joining the conflict that daily behavioral challenges in our schools often create? Discover effective strategies for avoiding power struggles and maintaining your dignity without alienating your students. Gain useful tips to protect your classroom from becoming a battleground so it remains a place of rich learning. Let’s kick off two great days together, reenergized to make a difference in the lives of even our most challenging students.	Cindy Jones https://ber.zoom.us/j/94259702183
9:40 AM – 12:10 PM • Full Morning Session (Break: 10:50 - 11:00 AM)	
A-1: De-Escalation Strategies for Out-of-Control Students Do you work with students experiencing emotional stress and anxiety? Explore the importance of co-regulation in managing and de-escalating challenging behaviors. Discover practical ways to help students regulate their own emotions and behaviors while positively influencing the emotions and behaviors of others. Gain tools for better understanding the unique needs of your students and matching them with real solutions. Learn proven ways to help your out-of-control students re-regulate.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
9:40 – 10:50 AM • First 70-Minute Morning Sessions	
A-2: This is Going to Take Practice It takes a lot of practice to internalize social emotional skills. Discover ways you can still teach academics, while also giving your students practice opportunities. This session will help us not lose curriculum time, while at the same time providing the much-needed practice our students need to develop “behavior muscle memory.” Explore strategies including ways to pre-teach, prompt, and embed these skills in your daily work with students.	Julie Compton https://ber.zoom.us/j/98928252912
A-3: Practical Strategies for Dealing With Disrespectful and Disengaged Students Like many educators you’ve probably wondered, what do I do about rude, disrespectful students and how do I get kids to do work and engage in learning? Gain classroom-proven strategies for decreasing disrespectful and disengaged student behaviors. Discover what motivates non-engaged students and how to point them back toward more successful learning. We’ll explore the impact of praise and therapeutic consequences and ways to help students with weak organizational skills.	Cindy Jones https://ber.zoom.us/j/94259702183
11:00 AM – 12:10 PM • Second 70-Minute Morning Sessions	
A-4: Could This Be Anxiety? Often what manifests as defiance can be rooted in anxiety caused by various events in the academic arena. Learn practical ways you can help equip your students to recognize and minimize these stressors. Stress managed can become a confidence builder that leads to academic success as well as emotional stability. You will likely find that these strategies can be good for you, as well!	Julie Compton https://ber.zoom.us/j/98928252912
A-5: Restorative Practices: Supporting Appropriate Behavior and a Positive School Climate Make best use of restorative practices to proactively deal with behavior issues while giving all participants a voice. This approach has proven effective in many school districts to connect staff and students, improve school climate, and lessen violence, absenteeism, and truancy. Learn practical ways to easily implement all or part of this model in your classroom or school. Discover how you can maintain peace and dignity in your school setting.	Cindy Jones https://ber.zoom.us/j/94259702183
LUNCH BREAK: 12:10 – 1:10 PM	

Day 1 • Monday, June 24

Afternoon Sessions: 1:10 – 3:40 PM (Central Time)

SESSION	PRESENTER & ZOOM LINK
1:10 – 3:40 PM • Full Afternoon Session (Break: 2:20 - 2:30 PM)	
B-1: Correction vs Connection Changing behavior isn't something we can do to someone or for someone. We can only do it with them. In this session, we will focus on strategies that motivate students to change. You will learn the difference between general praise and teaching praise, when and how to use each one, and components involved in providing meaningful feedback that will lead to lasting behavior change.	Julie Compton https://ber.zoom.us/j/98928252912
1:10 – 2:20 PM • First 70-Minute Afternoon Sessions	
B-2: Keeping Your Composure With Difficult, Defiant Students Keep calm when your learning environment feels like chaos. Learn how to work more successfully with even your most difficult students. Mike's humorous observations, realistic strategies, and techniques will help you better keep your cool under pressure. Learn specific, effective ways to stay calm, keep your class on track, and improve discipline and learning. Gain back valuable teaching time, while helping students maintain their composure ... as you maintain yours.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
B-3: ODD Behaviors and Past Trauma: Working With Defiant, Angry, and Overwhelmed Students Interestingly, many of the symptoms and reactions in Oppositional Defiant Disorder (ODD) parallel the symptoms and reactions in children post-trauma. Discover why students with ODD need specific strategies. Examine why ODD thinking is different from other students and what you can do about it. Discover specific interventions that can stop power struggles, rude remarks and challenging behaviors in the classroom and help support the student with ODD or issues related to trauma.	Cindy Jones https://ber.zoom.us/j/94259702183
2:30 – 3:40 PM • Second 70-Minute Afternoon Sessions	
B-4: Promoting Resiliency in Our Challenging Students Resilience doesn't have to be a rare or extraordinary characteristic that some people have, and others don't. Learn resiliency strategies for helping students "bounce back," recover, and adapt in the face of hardship, stress, or adverse experiences. Empower your challenging students to change from a fixed mindset to a growth mindset, despite adversity. Discover the most current information on resiliency and practical implications and suggestions for your work with challenging students.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
B-5: Effectively Working With Frequent Emotional Outbursts, Injurious Behavior, and Lack of Self-Control Many challenging students know what we want them to do. However, they may lack important thinking skills or the ability to regulate their emotions, consider their actions, or understand how their behavior is affecting other people. We'll explore how challenging behavior often occurs when demands and expectations being placed on children can outstrip their ability to respond appropriately. Gain effective, practical strategies and structures for supporting and sustaining change in these students.	Cindy Jones https://ber.zoom.us/j/94259702183
3:40 PM • Final Evaluation in your final session of the day <i>Required for attendance verification, receipt of a Certificate of Participation (emailed to you within 10 business days), Continuing Education Units (CEUs) and credit</i>	

Just a few reminders:

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- **Future BER Institutes, Conferences and Seminars:** Visit us online at www.ber.org for the very latest information on future BER programs.

2024 Conference:

Effectively Dealing With Challenging Behaviors

Day 2 • Tuesday, June 25

Morning Sessions: 9:00 – 11:40 AM (Central Time)

8:45 – 9:00 AM • REGISTRATION

Participants: Please check in each day of your conference to verify attendance.

To check in for Day 2, use the link to the first session you plan to attend.

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SESSION	PRESENTER & ZOOM LINK
9:00 – 11:40 AM • Full Morning Session (Break: 10:15 – 10:25 AM)	
C-1: Improving the Behaviors of Attention-Seeking and Challenging Students Students with disrespectful and disengaged behaviors are becoming more prevalent in our schools and more difficult to teach. They often exhibit rude behaviors, infringe on others' rights, disrupt the classroom, and refuse to engage in learning. Explore the neuroscience that drives these difficult behaviors. Examine the WHY of student behavior and effective strategies for engaging and calming them. Explore new tools and specific strategies to diminish attention-seeking, power, and revenge behaviors.	Cindy Jones https://ber.zoom.us/j/94259702183
9:00 – 10:15 AM • First 75-Minute Morning Sessions	
C-2: The Magical Art of De-Escalation Within every potential crisis exists an opportunity to build trust while modeling skills that we want every student to possess. Learn ways you can be ready to respond calmly and effectively when a student is struggling to self-regulate. You will leave with key words, phrases, and tools to teach before, during, and after a difficult moment.	Julie Compton https://ber.zoom.us/j/98928252912
C-3: Essential Self-Care Practices for Working With Challenging Students Explore proven, practical ways to better deal with everyday situations that activate your fight, flight, or freeze stress response system. Learn practical ways to promote a calm, compassionate response in working with challenging students. Gain a variety of important self-care practices you can use to avoid developing secondary traumatic stress symptoms so you can remain at your best, avoid burnout, and continue to help students with challenging behaviors.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
10:25 – 11:40 AM • Second 75-Minute Morning Sessions	
C-4: When We Know Better, We Do Better Misbehavior is generally more about having an abundance of needs while also having a lack of skills. In this session, we will explore clear ways to help students understand their needs and what to do about them. You will leave with practical ideas and approaches, ready to teach your students how to identify and express their feelings in productive ways.	Julie Compton https://ber.zoom.us/j/98928252912
C-5: Managing Disruptive Behavior and Getting Back to Learning It's no secret that today's classroom can be a challenging environment for learning. Gain a wealth of specific techniques and practical strategies for dealing with and responding to disruptive behavior. Discover ways to help students develop the skills and attitudes needed to make it less likely that challenges will occur in the future. Explore strategies, techniques, and lessons designed to give you back valuable learning time.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
LUNCH BREAK: 11:40 AM – 12:40 PM	

Day 2 • Tuesday, June 25

Afternoon Sessions: 12:40 – 3:20 PM

(Central Time)

SESSION	PRESENTER & ZOOM LINK
12:40 – 1:55 PM • First 75-Minute Afternoon Sessions (Break: 1:55 - 2:05 PM)	
D-1: Postvention is Prevention When a serious misbehavior occurs, there is often a hesitancy to revisit the problem. Unfortunately, ignoring what happened does not lead to change. Instead, we'll examine ways we can help students take responsibility, identify the causes, and find solutions for the future. These strategies will strengthen relationships and understanding, ultimately leading to a lasting change.	Julie Compton https://ber.zoom.us/j/98928252912
D-2: Improving the Behavior of Angry and Disruptive Students Incorporate time tested techniques to help even your most difficult, angry, and disruptive students become more responsible and respectful in their approach to learning. Discover practical strategies for increasing your effectiveness in successfully dealing with challenging, disruptive behaviors before they happen. Empower your students to work through problems rationally and calmly, avoiding becoming angry when confronted or provoked. Learn specific methods to avoid power struggles and de-escalate negative situations.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
D-3: Reducing Inappropriate Behavior and Anxiety In a recent survey, educators reported that emotional outbursts, elopement (running), self-injurious behavior, anxiety, and noncompliance are major issues with students today. We'll explore these issues and strategies to help reduce them, including what to do about profanity, gaslighting, arguing, drawing boundaries, and lack of social skills. Discover the best way to calm down someone having a panic attack. You can use this valuable information in the classroom and in life.	Cindy Jones https://ber.zoom.us/j/94259702183
2:05 – 3:20 PM • Second 75-Minute Afternoon Sessions	
D-4: Seize the Moment Behavior is communication, but what do we do with it? Big changes can happen when we as educators welcome the opportunity that misbehavior creates. In this session, we will systematically unravel the problem step by step, and explore practical and effective solutions. When this process is done with the student not to the student, it becomes an empowering moment that can bring about the lasting change we want to see.	Julie Compton https://ber.zoom.us/j/98928252912
D-5: Effectively Responding to Off-Task Behavior Are you frustrated because you're losing too much class time to off-task behavior? Discover innovative ways to effectively deal with off-task behavior without constant interruptions to your lessons or allowing your entire class to be derailed. Leave with specific techniques for optimizing your learning environment to counteract off-task behavior and help students improve their focus. Gain practical, solution-oriented strategies to increase time-on-task that are easy to use, engaging, and interactive.	Mike Dreiblatt https://ber.zoom.us/j/95979036500
D-6: Supporting Students With ADHD and Poor Self-Regulation Skills Students with ADHD often have difficulty with concentration, distraction, impulsivity, and "time-blindness" among other challenges. However, these students can also be imaginative, charismatic, and great "out-of-the-box" thinkers. Discover strategies to help your students with ADHD experience more academic and social success. Learn how their brains are different from neurotypical students and how you can best support them. We'll explore helpful behavior interventions, fidget tools, organizational tips, co-morbidity, and executive function skills.	Cindy Jones https://ber.zoom.us/j/94259702183
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